

Taco-mayo dip with black bean nachos

Total time **15 mins 10 mins** preparation time **5 mins** cooking time

Nutritional facts (per portion):

4,058 kJ / 970 kcal

INGREDIENTS

2 portion(s)

Taco mayo dip:

3 tbsp mayonnaise

1 tbsp <u>Kikkoman Teriyaki</u>

Marinade

1 tsp sriracha sauce

2 tbsp lime juice

1 tbsp agave syrup**1 tsp** smoked paprika

0.5 tsp ground cumin

0.5 tsp ground coriander

1 tbsp chopped fresh coriander

Baked nachos with beans:

300 g cooked black beans

3 tbsp <u>Kikkoman Teriyaki</u>

Marinade

150 g salted nachos

1 tsp ground cumin1 tsp ground coriander

60 g grated cheddar cheese

0.5 bunch of fresh coriander

Fat: **54 g** Protein: **28.9 g** Carbohydrates: **97.3 g**

PREPARATION

Step 1

3 tbsp mayonnaise - **1 tbsp** <u>Kikkoman Teriyaki</u>

Marinade - 1 tsp sriracha sauce - 2 tbsp lime juice

- 1 tbsp agave syrup - 1 tsp smoked paprika - 0.5

tsp ground cumin - 0.5 tsp ground coriander - 1

tbsp chopped fresh coriander

Preheat the oven to 180 °C. Thoroughly mix the dip

ingredients and set aside in the fridge.

Step 2

300 g cooked black beans - **3 tbsp** Kikkoman

<u>Teriyaki Marinade</u> - **150 g** salted nachos - **1 tsp**

ground cumin - 1 tsp ground coriander - 60 g

grated cheddar cheese - **0.5 bunch** of fresh

coriander

Mix the black beans with the Kikkoman Teriyaki

Marinade. Place the nachos on a baking tray lined with greaseproof paper. Sprinkle with the spices,

beans and cheese. Bake for about 5 minutes until

the cheese melts. Serve with the dip and fresh

coriander.