

# Spicy gombaleves (Hungarian mushroom soup)

Total time **25 mins** 15 mins preparation time 10 mins cooking time

Nutritional facts (per portion):  
**1,617 kJ / 387 kcal**

Fat: **17.1 g** Protein: **11.6 g**  
Carbohydrates: **45.3 g**

## INGREDIENTS

2 portion(s)

### Sweet potato ponzu cream:

- 100 g** sweet potato
  - Salt
  - 1** garlic clove
  - 1 tbsp** sambal oelek (or harissa, sriracha, tomato purée or red pepper purée)
  - 2 tsp** [Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon](#)
  - 2 pinch** chilli flakes
- Soup:**
- 1** shallot
  - 1** small garlic clove
  - 250 g** mushrooms (e.g. chestnut mushrooms, oyster mushrooms)
  - 1 tsp** [Kikkoman Toasted Sesame Oil](#)
  - 3 tsp** [Kikkoman Concentrated Ramen Noodle Soup Base - Shoyu \(Soy Sauce\) Flavour](#)
  - 1 tbsp** flour
  - 500 ml** water
  - 2 tbsp** [Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon](#)
  - Freshly ground pepper to taste
  - 2 tbsp** vegan crème fraîche
  - 0.5 tsp** [Kikkoman Naturally Brewed Soy Sauce](#)

## PREPARATION

### Step 1

**100 g** sweet potato - Salt - **1** garlic clove - **1 tbsp** sambal oelek (or harissa, sriracha, tomato purée or red pepper purée) - **2 tsp** [Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon](#) - **2 pinch** chilli flakes  
Cook the sweet potatoes in salted water for about 10 minutes, until tender. Drain, then mash with the garlic, sambal oelek, the Kikkoman Lemon Ponzu and the chilli flakes until smooth.

### Step 2

**1** shallot - **1** small garlic clove - **250 g** mushrooms (e.g. chestnut mushrooms, oyster mushrooms) - **1 tsp** [Kikkoman Toasted Sesame Oil](#) **1 tsp** [Kikkoman Concentrated Ramen Noodle Soup Base - Shoyu \(Soy Sauce\) Flavour](#)  
Finely chop the shallot and garlic. Cut the mushrooms into bite-sized pieces, then fry them with the shallot and garlic in the heated Kikkoman Sesame Oil in a saucepan until golden. Stir in 1 tsp Kikkoman Ramen Soup Base.

### Step 3

**1 tbsp** flour - **500 ml** water - **2 tbsp** [Kikkoman Concentrated Ramen Noodle Soup Base - Shoyu \(Soy Sauce\) Flavour](#)  
Dust with the flour and sauté briefly. Pour in the water and the Kikkoman Ramen Soup Base, bring to the boil and cook for about 10 minutes.

### Step 4

**2 tbsp** [Kikkoman Ponzu Citrus Seasoned Soy Sauce - Lemon](#) Freshly ground pepper to taste - **2 tbsp** vegan crème fraîche - **0.5 tsp** [Kikkoman Naturally Brewed Soy Sauce](#)

**Additional:**

- 1** punnet cress
- 100 g** seeded baguette
- 1 tsp** toasted white sesame seeds
- 1 tsp** toasted black sesame seeds

Season the soup with the Kikkoman Lemon Ponzu and pepper. Mix the vegan crème fraîche with the Kikkoman Soy Sauce, then stir into the soup.

**Step 5**

**1** punnet cress - **100 g** seeded baguette - **1 tsp** toasted white sesame seeds - **1 tsp** toasted black sesame seeds

Cut the cress from the punnet. Slice the baguette, spread with the sweet potato cream and top with the cress. Ladle the soup into cups, sprinkle with the sesame seeds and serve with the baguette.