

## Simple Teriyaki Marinade

Total time **35 mins 5 mins** preparation time **30 mins** marinating time

Nutritional facts (per portion):

4,792 kJ / 1,142 kcal

**INGREDIENTS** 

**250 ml** <u>Kikkoman Teriyaki</u>

**Marinade** 

**25 g** grated garlic

**1 tsp** freshly ground black

pepper

**100 ml** oil

Fat: **100** g Protein: **15.5** g

Carbohydrates: 45 g

## **PREPARATION**

Step 1

Mix all ingredients in food processor until smooth and then use as marinade for any type of meat.

Step 2

Leave for several hours or overnight depending on the meat (longer for beef and pork, shorter for chicken or fish).