

Red cabbage salad with cashews & snow peas

Total time **15 mins 15 mins** preparation time

Nutritional facts (per portion):

1,086 kJ / 258 kcal

INGREDIENTS

2 portion(s)

Salad:

150 g red cabbage

1 pinch salt80 g carrot80 g red pepper80 g snow peas

1 chopped spring onion,

including green tops

20 g radish sprouts

2 tbsp chopped fresh coriander

Dressing:

1 tbsp Kikkoman Spicy Chili

Sauce for Kimchi

1 tbsp freshly squeezed

mandarin juice

1 tbsp peanut butter

1 tbsp Kikkoman Toasted

<u>Sesame Oil</u> .

1 tsp maple syrup

1 tsp Kikkoman Seasoning for

Sushi Rice (125ml)

0.5 tbsp water

Additionally:

20 g cashew nut

2 tsp black sesame seeds

Fat: **16 g** Protein: **8 g** Carbohydrates: **24 g**

PREPARATION

Step 1

150 g red cabbage - **1 pinch** salt - **80 g** carrot - **80 g** red pepper - **80 g** snow peas - **1** chopped spring onion, including green tops - **20 g** radish sprouts - **2 tbsp** chopped fresh coriander

Finely shred the red cabbage, sprinkle with the salt and gently massage it with your hands to soften. Peel the carrot and cut it into julienne strips. Slice the red pepper into thin strips and cut the snow peas or mangetout diagonally into smaller pieces. Place the vegetables in a bowl and add the chopped spring onion, radish sprouts and coriander. Toss to combine.

Step 2

1 tbsp Kikkoman Spicy Chili Sauce for Kimchi - 1
tbsp freshly squeezed mandarin juice - 1 tbsp
peanut butter - 1 tbsp Kikkoman Toasted Sesame
Oil - 1 tsp maple syrup - 1 tsp Kikkoman Seasoning
for Sushi Rice (125ml) - 0.5 tbsp water - 20 g
cashew nuts - 2 tsp black sesame seeds
In a separate bowl, mix the dressing ingredients:
Kikkoman Kimchi Chili Sauce, mandarin juice,
peanut butter, Kikkoman Sesame Oil, maple syrup,
Kikkoman Seasoning for Sushi Rice and water.
Pour the dressing over the salad and mix well.
Toast the cashews in a dry pan, let them cool, then
chop. Sprinkle the salad with the cashews and
black sesame seeds. and serve.