

Mushroom sauce with cream, mustard and soy sauce

Total time **15 mins 5 mins** preparation time **10 mins** cooking time

Nutritional facts (per portion):

1,132 kJ / 272 kcal

INGREDIENTS

1 portion(s)

150 g porcini mushrooms

2 tbsp oil for frying100 ml double cream2 tsp Dijon mustard

2.5 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce Black pepper

Fresh chopped parsley

Fat: **25.9** g Protein: **5.3** g Carbohydrates: **4.1** g

PREPARATION

Step 1

Clean and chop porcini mushrooms, fry them in hot oil in a frying pan until sauteed.

Step 2

Remove the mushrooms from the frying pan and wipe off the remaining oil.

Step 3

Add cream, mustard and soy sauce and bring all to boil, mix it to a smooth sauce.

Step 4

Add mushrooms, season the dish with black pepper and serve it hot with your choice of meat (e.g. steak). Garnish with fresh parsley.