

Green Mary Cocktail

Total time **15 mins 15 mins** preparation time

Nutritional facts (per portion):

260 kJ / 62 kcal

INGREDIENTS

4 portion(s)

Vegetables

500 g cherry tomatoes

500 g broccoli

300 g celery (4 sticks)

Flavourings

100 g Kikkoman Ponzu Citrus

Seasoned Soy Sauce -

Lemon

4 g Wasabi

Garnish

30 g ice per person

Celery rib, thinly sliced in

length

Vodka, optional, to taste

Protein: 2 g

Carbohydrates: 13 g

PREPARATION

Step 1

Mix wasabi with a spoonful of Ponzu to dissolve.

Add the remainder of Ponzu and stir

Step 2

Juice the vegetables to get 280 gr tomato juice, 180 gr broccoli juice, and 240 gr celery juice

respectively. Mix the juices in a jug and store in the

fridge until needed, up to 2 days.

Step 3

Prepare garnishes. Fill long glass with ice. Add vodka if using, around 40 ml per glass. Top with vegetable juice, garnish with celery rib if desired,

and serve.