

Carrot, ginger & macadamia salad

Total time 20 mins 10 mins preparation time 10 mins marinating time

Nutritional facts (per portion):

2,766 kJ / 661 kcal

INGREDIENTS

2 portion(s)

5 large carrots

3 tbsp <u>Kikkoman Ponzu Citrus</u>

Seasoned Soy Sauce -

<u>Yuzu</u>

2 tbsp <u>Kikkoman Toasted</u>

Sesame Oil

0.5 tsp turmeric

1 tsp grated ginger200 g cooked edamame1 bunch fresh coriander80 g macadamia nuts

Fat: **51** g Protein: **18.5** g Carbohydrates: **42** g

PREPARATION

Step 1

5 large carrots - **3 tbsp** <u>Kikkoman Ponzu Citrus</u> <u>Seasoned Soy Sauce - Yuzu</u> - **2 tbsp** <u>Kikkoman</u> <u>Toasted Sesame Oil</u> - **0.5 tsp** turmeric - **1 tsp**

grated ginger

Peel the carrots and shave them into thin ribbons. Mix with the Kikkoman Yuzu Ponzu, Kikkoman Sesame Oil, turmeric and grated ginger. Leave to stand for 10 minutes.

Step 2

200 g cooked edamame - **1 bunch** fresh coriander

- 80 g macadamia nuts

Mix the marinated carrots with the edamame, fresh coriander and macadamia nuts.