KIKKOMAN

3-minute sesame oil ice cream

Total time **3 mins** **3 mins** preparation time

Nutritional facts (per portion):
1,183 kJ / 284 kcal

Fat: **17.7 g** Protein: **4.3 g**
Carbohydrates: **26 g**

INGREDIENTS

2 portion(s)

Base:

200 g	vanilla ice cream

To finish:

2 tsp	Kikkoman Toasted Sesame Oil
2 tsp	ground white sesame seeds

PREPARATION

Step 1
200 g vanilla ice cream
Divide the ice cream between two serving bowls.

Step 2
2 tsp Kikkoman Toasted Sesame Oil
Drizzle the Kikkoman Sesame Oil over the ice cream.

Step 3
2 tsp ground white sesame seeds
Sprinkle the sesame seeds over each dish and serve immediately.