

Red Thai curry with chicken and coconut

Total time **25 mins 10 mins** preparation time **15 mins** cooking time

Nutritional facts (per portion):

2,932 kJ / 703 kcal

INGREDIENTS

4 portion(s)

For the spicy nuts:

50 g mixed nuts, e.g. cashews,

hazelnuts, pecans,

peanuts

3 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

1 tbsp brown sugar

For the curry:

200 g rice, e.g. basmati500 g chicken breast fillet

red pepperspring onions

2 carrots

200 g mangetout (or frozen

peas or green beans)

2 tsp red curry paste2 tsp <u>Kikkoman Toasted</u>

Sesame Oil

400 ml coconut milk

75 ml <u>Kikkoman Naturally</u>

Brewed Soy Sauce
A few coriander leaves

(or Thai basil)

Fat: **32.2** g Protein: **41.7** g Carbohydrates: **57.7** g

PREPARATION

Step 1

For the spicy nuts:

50 g mixed nuts, e.g. cashews, hazelnuts, pecans, peanuts - **3 tbsp** <u>Kikkoman Naturally Brewed Soy</u>

Sauce - **1 tsp** brown sugar

Roughly chop the nuts. Heat the Kikkoman Soy Sauce with the sugar, add the nuts and glaze. Transfer to baking paper and leave to cool.

Step 2

200 g rice, e.g. basmati - 500 g chicken breast fillet - 2 red peppers - 1 bunch spring onions - 2 carrots - 200 g mangetout (or frozen peas or green beans) - 2 tsp red curry paste - 2 tbsp Kikkoman Toasted Sesame Oil 400 ml coconut milk - 75 ml Kikkoman Naturally Brewed Soy Sauce Cook the rice according to the packet instructions. Cut the chicken into pieces. Cut the peppers into strips, spring onions into rings, carrots into slices, and halve the mangetouts. Sauté the curry paste in hot Kikkoman Sesame Oil in a wok. Add the coconut milk, approx. 100 ml water and the Kikkoman Soy Sauce, and bring to the boil.

Step 3

A few coriander leaves (or Thai basil)
Add the chicken and simmer for about 5 minutes.
Add the vegetables and cook for a further 5
minutes. Cut the coriander into strips. Garnish the
curry with the coriander and the spicy nuts and
serve with the rice.