

Massaman curry with chicken, potatoes, and peanuts

Total time **30 mins 10 mins** preparation time **20 mins** cooking time

Nutritional facts (per portion):

2,615 kJ / 629 kcal

INGREDIENTS

4 portion(s)

400 g chicken breast fillet

400 g potatoes**1** onion

1 piece of ginger, 2 cm garlic clove

2 tbsp <u>Kikkoman Toasted</u>

Sesame Oil

100 g peanuts

1 tbsp (Massaman) curry paste

400 ml coconut milk

2 tbsp peanut paste (or peanut

butter)

2 tsp brown sugar or honey (or

Kikkoman Mirin-Style

Sweet Cooking Seasoning)

4 tbsp Kikkoman Ponzu Citrus

Seasoned Soy Sauce -

<u>Lemon</u>

3 tbsp <u>Kikkoman Naturally</u>

Brewed Soy Sauce

0.5 bunch coriander

Fat: **41.9** g Protein: **37** g Carbohydrates: **23.6** g

PREPARATION

Step 1

400 g chicken breast fillet - **400 g** potatoes - **1** onion - **1 piece** of ginger, 2 cm - **1** garlic clove Pat the chicken fillet dry and cut it into approximately 2 cm pieces. Peel, wash, and roughly dice the potatoes. Slice the onion into fine rings. Finely chop the ginger and garlic.

Step 2

2 tbsp Kikkoman Toasted Sesame Oil 70 g peanuts
- 1 tbsp (Massaman) curry paste - 400 ml coconut
milk - 2 tbsp peanut paste (or peanut butter) - 2
tsp brown sugar or honey (or Kikkoman Mirin-Style
Sweet Cooking Seasoning) - 4 tbsp Kikkoman
Ponzu Citrus Seasoned Soy Sauce - Lemon 3 tbsp
Kikkoman Naturally Brewed Soy Sauce
Sauté the chicken fillet in the heated Kikkoman
Sesame Oil. Add the onion, ginger and garlic and
fry briefly. Add the potatoes, peanuts, and curry
paste, stir briefly and deglaze with the coconut
milk. Add the peanut paste or butter, sugar,
Kikkoman Lemon Ponzu and Kikkoman Soy Sauce
and simmer for about 20 minutes. If the sauce
becomes too thick, add a little water.

Step 3

0.5 bunch coriander - **30 g** peanuts Coarsely chop the coriander and peanuts. Roast the peanuts in a small pan until golden brown. Garnish the curry with the coriander and chopped peanuts and serve.